

# AAUW CAPE MAY COUNTY BRANCH

Website <http://capemay-nj.aauw.net>

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy and research.

## SEPTEMBER 2023 Newsletter

This is your last newsletter if you have not renewed for 2023-2024.

## Welcome Back Dinner

### President's Corner



Hello everyone. Welcome back! I hope you had a nice summer. Our members had several special activities this summer starting with the Hats Off Luncheon in Wildwood in June and ending with a special tour and lecture at the Endicott-Reardon Museum in Upper Township. Big thank you to Joan for arranging our special adventures!

Good news! We now have 42 renewed members. Thanks to everyone for renewing with the National Website or mailing a check to Barb. Either way works and we're glad to have everyone back!



Attending our Annual Hats Off Fashion Show & Luncheon at the Wildwood Convention Center on June 4

L to R Joan, Chris, Sandy, Barb



Our next important event will be the Welcome Back Dinner. We will return to Alfe's Seafood Italian Restaurant for this celebration on Sunday October 1 at 4:30. Alfe's is in Wildwood – 3401 New Jersey Ave (corner of Oak and New Jersey). Cost will be \$30 each. You will have a choice of 3 entrees – chicken parmigiana, chicken marsala or shrimp scampi. You can choose that night. Send your check to Barb Heinrichs – 503 Whildam Avenue, North Cape May, NJ 08204. All members welcome and you may bring a guest.

See you there,

Chris Rohrman  
President of the Cape May County AAUW

## 2023-2024 Dues

If you created an account online with National last year including a password, go to [aauw.org](http://aauw.org) and log in. At the bottom of your Personal Snapshot page is a big blue **RENEW** button. Or you can create your personal account this year and renewal will be easier next year. Credit card renewal is much easier on your treasurer. Our dual members from Atlantic County can add dual membership when renewing their primary membership.

But you can always mail me a check for \$92 made out to AAUW:  
Barbara Heinrichs  
503 Whildam Ave  
N. Cape May, NJ 08204

[bheinrichs46@earthlink.net](mailto:bheinrichs46@earthlink.net)

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### Canasta / Mahjong



We would like to know if some of our members are interested forming groups to play Canasta or Mahjong.

If you're feeling a bit rusty about how to play, there are classes at the Cape May County Library under Events.

Please contact Sue Laufer via her email [laufer5@comcast.net](mailto:laufer5@comcast.net)

## AAUW Public Policy

### Email dated 8/30/2023

As we recognize [Native Hawaiian and Pacific Islander Women's Equal Pay Day](#) today, I want to share a note that was sent to the AAUW staff from our Archivist about our rich history of working for pay equity for women. And the fight continues at the federal level with our work on the [Paycheck Fairness Act](#).

**Meghan Kissell, MSW**, Senior Director,  
Policy & Member Advocacy, AAUW

Members: To support the Paycheck Fairness Act, simply click on the link above and complete your information to send a message to your Senators and Congressman.

Thank you. We must lend our voices to close the gap!

On Friday, July 14, the Atlantic County and Cape May County AAUW groups took an afternoon birding cruise on The Osprey out of Cape May. Captain Bob and Patti provided excellent Nikon binoculars to every passenger.. We saw many ospreys on their nests, cormorants, willets, sanderlings, common terns, oyster catchers, egrets, herons, two juvenile bald eagles, a wide variety of gulls, and a few turtles. Patti showed us a fulgurite, a sand formation created by a lightning bolt striking drifting sand with its intense heat fusing the grains of sand together. Captain Bob and Patti thoroughly narrated our trip, pointing out landmarks as well as birds, and answered our questions. We enjoyed nice weather in the Cape May bubble and had a wonderful time.



**Front L-R:** Joan Vicari, Theresa Sartorio, Aida Colon, Meredith Trede, and Theresa Basquez

**Back L-R:** Bill Fulton, Nash Fulton, Pam Tyson, Tricia Leith, Rena Leith, and Brad Kenyon



## BOOK NOOK

Greetings Fellow Readers,

I hope everyone had a great summer filled with fun, friends, family and, of course, reading! My summer was a mixed bag of tricks because my husband had a hip replaced and our daughter and 15-year-old grandson were our caretakers. It was great to have them here for almost 6 weeks and they took excellent care of us with our son pitching in when needed. The house seems empty with just the two of us but my husband is doing well and things are back to normal.

My topic for this month is CHOICE. Life is full of choices: good or bad; easy or hard; minor or life-changing. They started when we were babies; red ball or blue ball, green shirt or yellow shirt. As we age our choices become increasingly difficult. They affect our family as well as ourselves. As senior citizens the choices we face can be life-changing.

Let me tell you a story about a birding friend of ours. She is retired and lived alone in a nice house that bordered on a small park in a small town in PA. She had turned her backyard into a beautiful haven for birds and butterflies. She was very happy there. In 2020 she fell and broke her right leg. As she was recovering she came down with Covid. She recovered from that, then had another fall and broke her left leg. She also had to deal with a flooded basement, two leaking pipes which caused part of the kitchen ceiling to collapse and a leaking roof that had to be replaced. All this happened in two years! She realized she could no longer

live alone. Fortunately, after looking at five facilities, she found a place not too far away where she has a small house and yard and has access to continuing care as needed - a life-changing choice that she hadn't even thought about three years ago.

I also thought about choices when Joan Vicari and I spent an entire afternoon at my dining room table trying to choose books for both of our discussion groups. We wanted to select books for September through January, leaving the spring months open so our group members could suggest more titles of interest. We thought about the preferences of our members. We looked at old and new books, checked availability and read reviews. We finally came up with the choices listed in this newsletter.

Now YOU have choices: to read or not to read; to attend or not to attend a discussion; and to suggest or not to suggest additional books for us to consider.

We've come full circle back to the word CHOICE. What kind of choices will you need to make this year? Will you decide to count your blessings and be content with what you have? Or will you whine, complain and miserable about what you can't change?

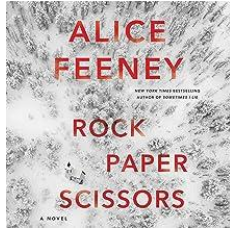
Shakespeare put it succinctly, "To be or not to be, that is the question." My motto is "Attitude is the paintbrush of the mind; it can color any situation."

Happy Reading,

Mary Jane

## SEPTEMBER BOOKS

Note: All books selected for September through January 2024 are listed on our website. The website has been updated. Book Groups is now on the opening page.



*Rock, Paper, Scissors* by Alice Feeney

*Note: Change of venue for September!*

We will meet on **Tuesday, September 19** at noon at the new Crest Arts Pavilion (CAP), 6301 Ocean Avenue (Ocean Avenue & Wisteria Road), Wildwood Crest. It's the old Crest Library building.

Please bring your lunch & beverage. Dessert will be provided.



*Joan* by Katherine J. Chen

We will meet on **Wednesday, September 27** at 6 pm at Mulligan's Shore Bar & Grill, 310 West Hildreth Avenue, Wildwood. We will discuss the book after ordering dinner.

Contact Mary Jane Slugg at 609 884 7041 or shoresluggs@aol.com to let her know you are coming.



Some of our members attended the Grace Kelly High Tea at the Flanders Hotel on June 7. Sandy won this door prize of a vase of beautiful fresh flowers.

## EVENT CALENDAR

**Friday, September 8** Sunset Flower Farm

**Monday, September 11** CMP Science Center

**Tuesday, September 19** Daytime Book Club

**Wednesday, September 27** Evening Book Club

**Sunday, October 1** Welcome Back Dinner at Alfe's

**Tuesday, October 17** Daytime Book Club

**Wednesday, October 25** Evening Book Club



# Help Support our Valuable AAUW-AC Programs



**25% OFF** \* LOWEST SALE PRICE  
**SHOPPING PASS**

ONE DAY ONLY - OCTOBER 18, 2023  
SHOP 8AM - 11PM

Dear AAUW Friends,

Yes! It's Boscov's Friends Helping Fundraiser time again. This wonderful store offers coupons for a tremendous savings event on October 18th. The coupons cost just \$5 a piece and all proceeds go to AAUW-AC!

Let's think about AAUW friends purchasing coupons to help support our valuable programs like: Tech Trek & Teen Tech • Tutors for Educational Equity • College Food Bank • Avanzar-The Women's Center • Scholarships..... Just to name a few!

Think about purchasing 1 coupon, or 3, or 5, or 10. How many times do you wish you had a little thank you gift for your mail carrier, community office manager, cleaning service, hair or nail stylist, favorite waitress, bus driver, family member, masseuse or lawn care worker. At \$5 a piece, these are a bargain.

I will in turn, mail the coupons out to you. (You can just make a contribution as well.) Thank you for considering this summer fundraiser to support our many programs. We are doing this early because many organizations participate in this program.

On a personal note, I have completed almost all of my Christmas shopping on this day. I've saved enough money to buy something for myself!!! The discount is on the sale price. Make up is discounted as well. I love Boscov's!

Your Fundraising Chair and Happy Shopper, Kathy Zeigenfus

## Order Your \$5 Boscov's Shopping Passes Today & See You October 18th

Please fill out the form enclose a check written to AAUW & mail to:  
**Kathy Zeigenfus - 127 Garnett Lane - Egg Harbor Twp. NJ 08234**

*Coupons will be mailed to you. THANK YOU!*

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

E-Mail \_\_\_\_\_

**SHOPPING PASSES:**  
**\$5 EACH**

100% of your donation benefits the local non-profit organization from which you purchased the pass.

For more details visit [boscovs.com/friendshelpingfriends](http://boscovs.com/friendshelpingfriends)

Number of Coupons \_\_\_\_\_ x's \$5= \_\_\_\_\_

Additional Donation \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

### *Tributes*

Gifts to our Tribute Scholarship Fund are a thoughtful way to recognize an anniversary or remember a friend, member or relative while providing support to our scholarship recipients.

An acknowledgement is sent to you and to the individual recognized. Your name will be made known, but not the amount of the gift.

Please send your gift to Barbara Heinrichs, 503 Whildam Ave., North Cape May, NJ 08204.

Acknowledgements:

<http://capemay-nj.aauw.net>

KEEP OUR WEB ADDRESS HANDY

You can always find up-to-date information here.

Book lists and dates for both groups are posted. A complete membership list with contact information is available.

To access the information for Members Only call: Mary Jane Slugg (609) 884-7041 or Barbara Heinrichs (609) 889-1647 and we will give you the password!

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